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Anomalous momentum diffusion

of strongly interacting bosons in optical lattices

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Humboldt Kolleg, Vilnius, August 1st 2018



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Some recent works :

- *Revealing the Topology of Quasicrystals with a Diffraction Experiment*

[Dareau *et al.*, Phys. Rev. Lett. **119**, 21530 (2017).]

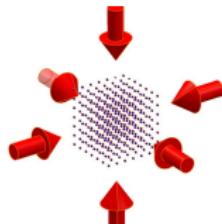
- *Clock spectroscopy of interacting bosons in deep optical lattices*

[Bouganne *et al.*, New J. Phys. **19**, 113006 (2017).]

Superfluid-Mott insulator transition for bosons

Optical lattices :

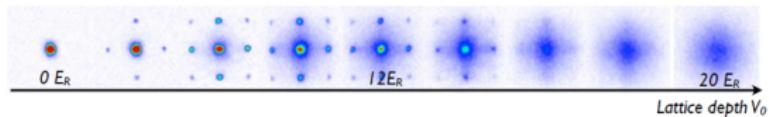
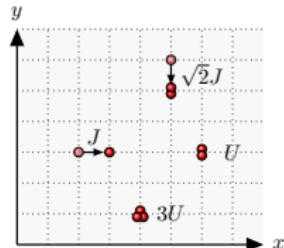
interference pattern can be used to trap atoms in a periodic structure



Bosons in the Bose-Hubbard regime :

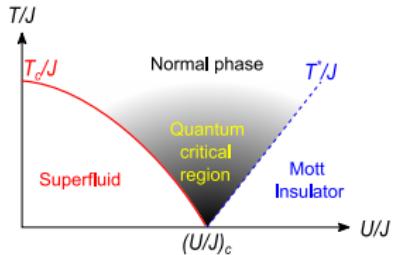
- ① Quantum tunneling favor delocalization
- ② **Repulsive** on-site interactions favor localization

Quantum phase transition from a **superfluid**, Bose-condensed ground state to a **Mott insulator**



Greiner *et al.*, Nature 2002.

Energy/Temperature scales : nanoKelvin
Time scales ~ 10 ms



Quantifying phase coherence in a bosonic gas

Time-of-flight interferences :

essentially a free flight revealing the *momentum distribution*

$$n_{\text{tof}}(\mathbf{r}, r) \approx n \left(\mathbf{K} = \frac{M\mathbf{r}}{\hbar t} \right) = \mathcal{G}(\mathbf{K}) \mathcal{S}(\mathbf{K})$$

- smooth “Wannier” enveloppe $\mathcal{G}(\mathbf{K})$
- structure factor $\mathcal{S}(\mathbf{K}) = \sum_{i,j} e^{i\mathbf{K} \cdot (\mathbf{r}_j - \mathbf{r}_i)} \langle \hat{a}_i^\dagger \hat{a}_j \rangle$

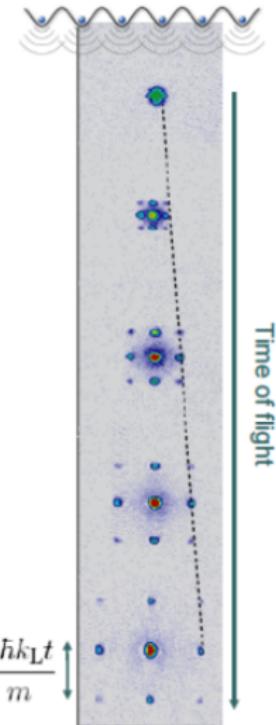
Single-particle density matrix : $\rho^{(1)}(\mathbf{r}, \mathbf{r}') = \langle \hat{\Psi}^\dagger(\mathbf{r}) \hat{\Psi}(\mathbf{r}') \rangle$

Contrast of interference fringes when two matter waves overlap.

$$\text{Lattice version : } \mathcal{C}(i, j) = \langle \hat{a}_i^\dagger \hat{a}_j \rangle$$

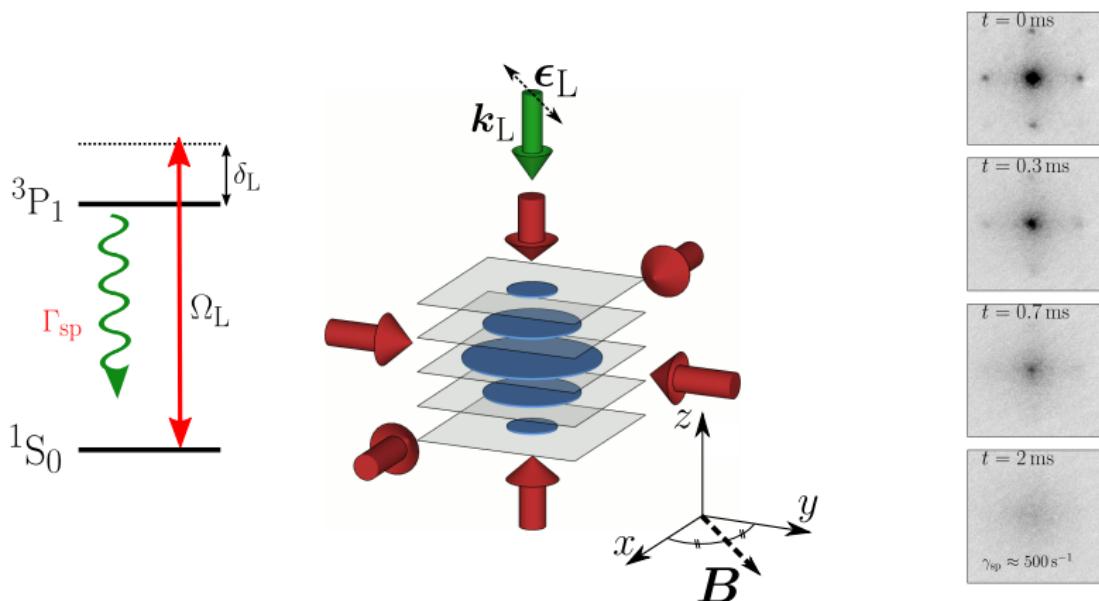
Momentum distribution $n(\mathbf{k})$: Fourier transform of $\rho^{(1)}$

$$\text{Lattice version : } \mathcal{S}(\mathbf{K})$$



Quantum-degenerate ^{174}Yb atoms in a 3D optical lattice

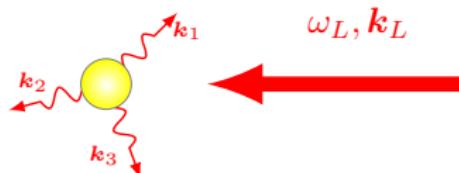
How does spontaneous emission destroy the spatial coherences initially present in the superfluid?



Absorption/spontaneous emission cycles with rate γ_{sp}

Momentum diffusion :

- Random momentum kicks after SE
- **Random walk in momentum space:**
 $\Delta k = \sqrt{2Dt}$ D : Diffusion coefficient
- Central role in laser cooling : limit temperature $T \propto \frac{D}{\text{friction}}$

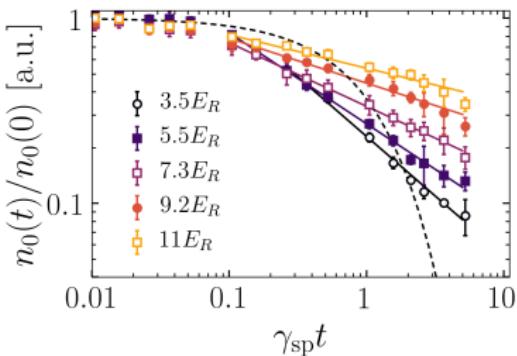
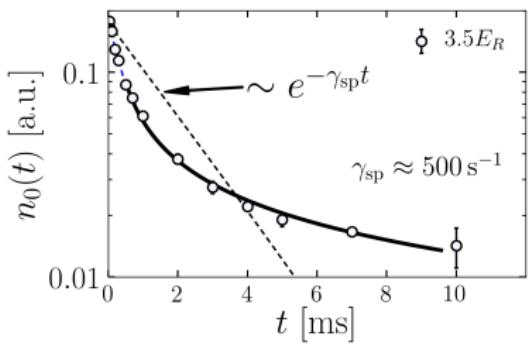


Equivalent point of view : destruction of spatial coherences $\rho^{(1)}(\mathbf{r}, \mathbf{r}')$

- Spatial correlations beyond $\lambda_0/(2\pi)$ strongly suppressed [Pfau *et al.*, PRL 1994]
- Exponential decay in time for given \mathbf{r}, \mathbf{r}'
- Interpretation : **Modern version of Heisenberg's microscope**
continuous, weak measurements of the atom position [Marsteiner *et al.*, PRL 1996]

Anomalous momentum diffusion

Basic analysis : monitor $n_{k=0} \equiv n_0$ (proxy for condensed fraction)



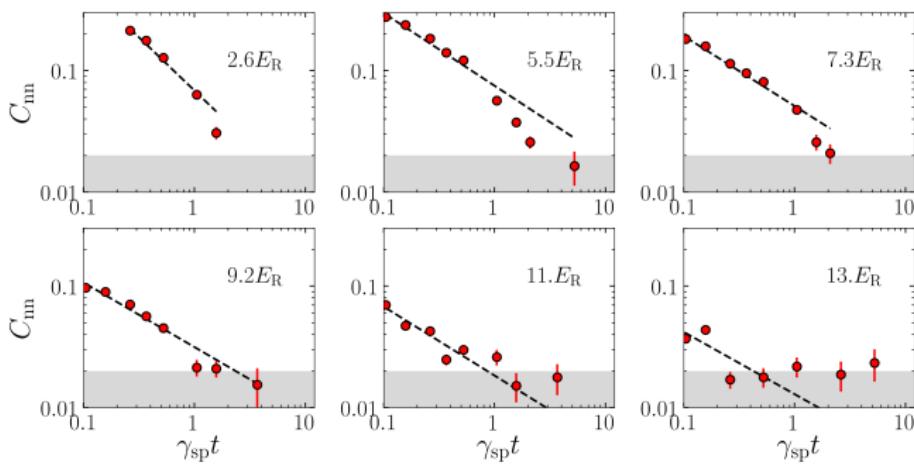
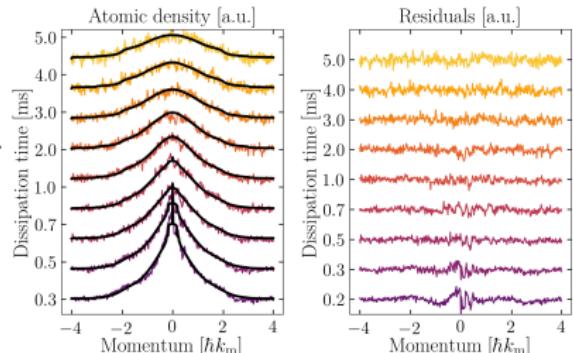
- Exponential (linear ...) decay at short times $t \leq t_{\text{cross}}$
- Algebraic decay at long times: $\Delta k \sim t^\alpha$, $n_{k=0} \sim 1/t^{2\alpha}$ with $\alpha < 1/2$
- Normal momentum diffusion : exponential decay

A more precise analysis of the momentum distribution

$$S_0(\mathbf{k}) = \sum_{\mathbf{R} \in \mathbb{Z}^2} C_{\mathbf{R}} e^{i\mathbf{k} \cdot \mathbf{R}}$$
$$\approx 1 + C_{nn} \left(\cos(k_x d) + \cos(k_y d) \right) + \dots$$

Nearest-neighbor correlation function :

$$C_{nn} = \sum_{\mathbf{r}_i} \langle \hat{a}_{\mathbf{r}_i}^\dagger \hat{a}_{\mathbf{r}_i + \mathbf{e}_x} \rangle$$



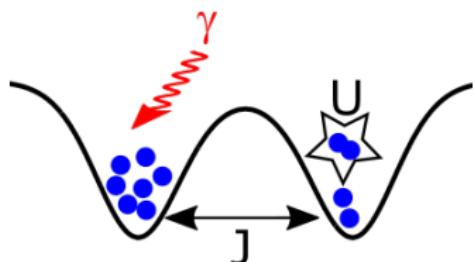
Continuous, weak measurement theory

Dissipative Bose-Hubbard model :

$$\frac{d}{dt} \hat{\rho} = \frac{1}{i\hbar} [\hat{H}, \hat{\rho}] - \gamma \hat{\mathcal{L}}[\hat{\rho}], \quad \hat{\mathcal{L}}[\hat{\rho}] = \sum_i \hat{n}_i \hat{\rho} \hat{n}_i - \frac{1}{2} \hat{n}_i^2 \hat{\rho} - \frac{1}{2} \hat{\rho} \hat{n}_i^2.$$

Poletti *et al.*, PRL 2012, PRL 2013 (Kollath/Georges group)

See also Pichler *et al.*, PRA 2010 (Zoller group), Yanay and Mueller, PRA 2012



N bosons in two wells L, R .

Fock basis : $|n\rangle = |n_L = n, n_R = N - n\rangle$

Populations : $\rho_{n,n} = \langle n | \hat{\rho} | n \rangle$

Coherences : $\rho_{m,n} = \langle m | \hat{\rho} | n \rangle, m \neq n$

- Fock states are pointer states: $\langle n | \hat{\mathcal{L}}[\hat{\rho}] | n \rangle = 0$
- Coherences decay : $\langle m | \hat{\mathcal{L}}[\hat{\rho}] | n \rangle = -\frac{1}{2} (n - m)^2 \rho_{m,n}$
- Role of tunneling : partial restoration of short-range spatial coherence
 \implies allows relaxation of populations

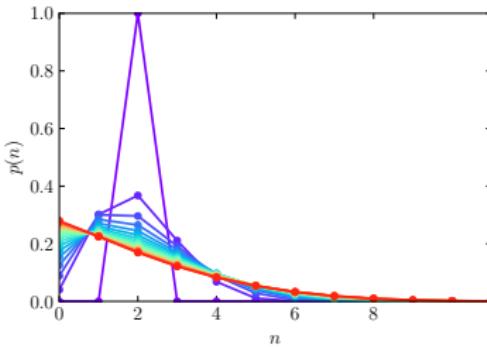
Effective Pauli master equation in the decoherent regime

Adiabatic elimination of fast variables (coherences)

Effective master equation for the probability p_n to find n atoms per site ($\Delta t \gg \gamma^{-1}$) :

$$\dot{p}_n \equiv \frac{\Delta p_n}{\Delta t} = W_{n+1}p_{n+1} + W_{n-1}p_{n-1} - 2W_n p_n$$

Poletti et al., PRL 2012, PRL 2013



Three successive stages in the relaxation :

- ① $t \lesssim \gamma^{-1}$: initial relaxation of coherences (not described by the master equation),
- ② $\gamma^{-1} < \gamma t \ll t^*$: algebraic regime with slow decay of populations,
- ③ $t \gtrsim t^*$: final relaxation to the (infinite temperature) steady state.

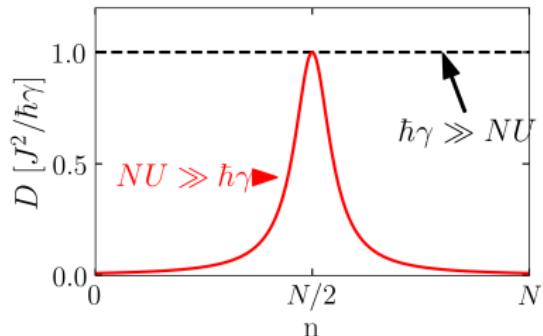
From regular to anomalous diffusion

Mapping to a Fokker-Planck equation for $N \gg 1$: $n \rightarrow x = \frac{n - \frac{N}{2}}{\frac{N}{2}}$, $p_n \rightarrow N p(x)$

$$\frac{\partial p(x, t)}{\partial t} = \frac{\partial}{\partial x} \left[D(x) \frac{\partial}{\partial x} p(x, t) \right]$$

Scaling solution: $p(x) = \frac{1}{\tau^\beta} f \left(u = \frac{x}{\tau^\beta} \right)$

If $D \sim x^{-\eta}$, scaling exponent $\beta = \frac{1}{2+\eta}$



$$\hbar\gamma \gg NU : D \approx \frac{2J^2}{\hbar^2\gamma}$$

$$\hbar\gamma \ll NU : D \approx \frac{J^2\gamma}{(NU)^2} \times \frac{1}{x^2}$$

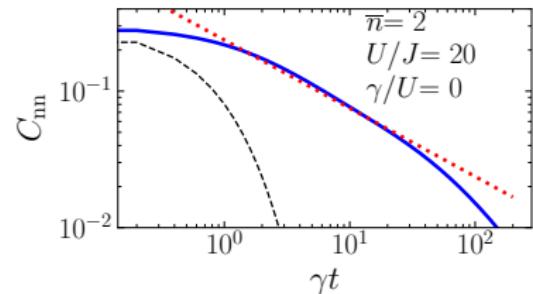
- “Quantum Zeno effect”
Patil, Chakram, Vengalattore, PRL 2015
- D uniform :
regular diffusion
- Scaling exponent $\beta = 1/2$
- “Interaction-induced impeding of decoherence”
- Power-law tail :
Anomalous (sub-)diffusion
- Scaling exponent $\beta = 1/4$
Poletti *et al.*, PRL 2012, PRL 2013

Coherence decay exponents versus lattice depth V_{\perp}

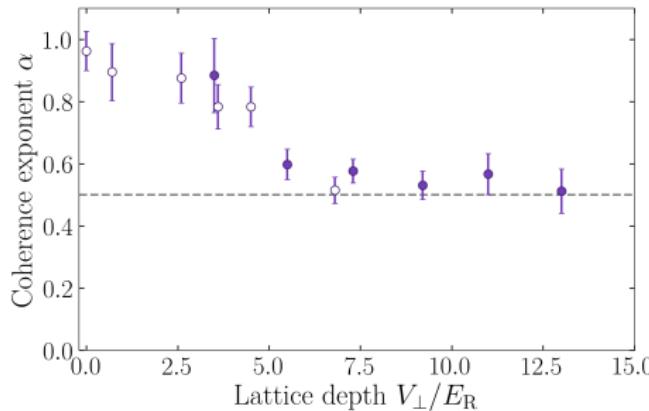
Phase coherence, scaling regime :

$$C_{nn} = \langle \hat{a}_{i\pm 1}^\dagger \hat{a}_i \rangle \propto \frac{1}{t^{2\beta}}$$

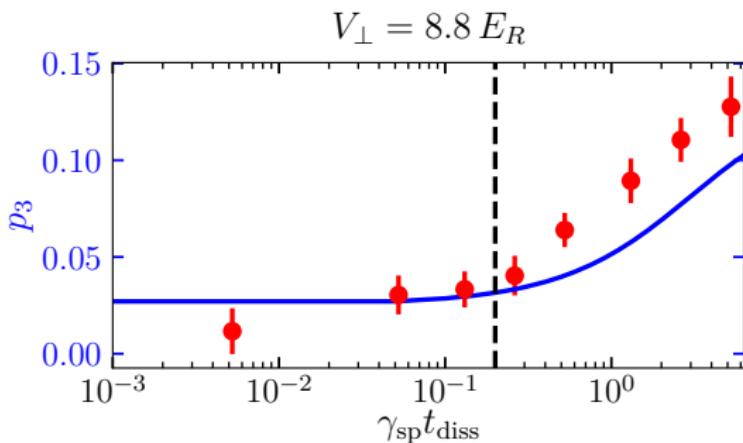
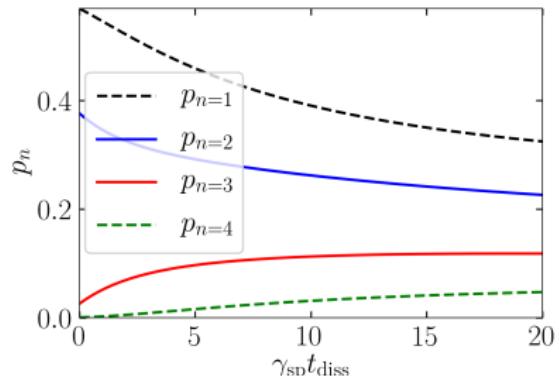
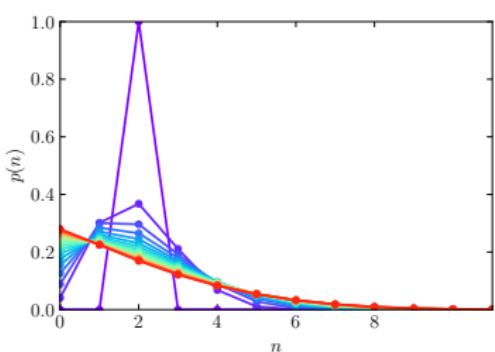
$$C_{nn} \approx \frac{c_0}{\sqrt{2z\gamma t}} \text{ if } \begin{cases} \gamma \rightarrow 0 \\ \bar{n} \rightarrow \infty \end{cases}$$



Comparison with experimental decay exponents of C_{nn} :



Direct observation of Fock space dynamics using three-body losses



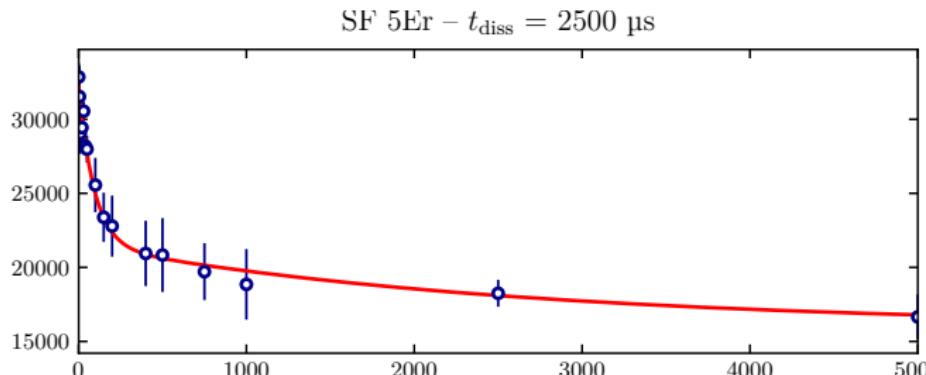
Decoherence of a bosonic many-body system under spontaneous emission

Main message : Interactions slow down decoherence

- Observation of anomalous momentum diffusion : $\Delta k \sim t^{1/4}$ instead of $\Delta k \sim \sqrt{t}$
- Interpretation as a signature of an underlying anomalous diffusion in Fock space
- Direct observation of Fock space dynamics using three-body losses
- Why is the “Poletti *et al.*” model working ?
Many effects left out : dipole-dipole interactions, superradiance, interband transitions ...
- Numerical study of XXZ chains [Cai and Barthel, PRL 2013] under dephasing :
similar power-law slowdown of behavior as we observed (but not the Ising chain)
Universality classes also relevant for non-equilibrium phenomena/decoherence ?

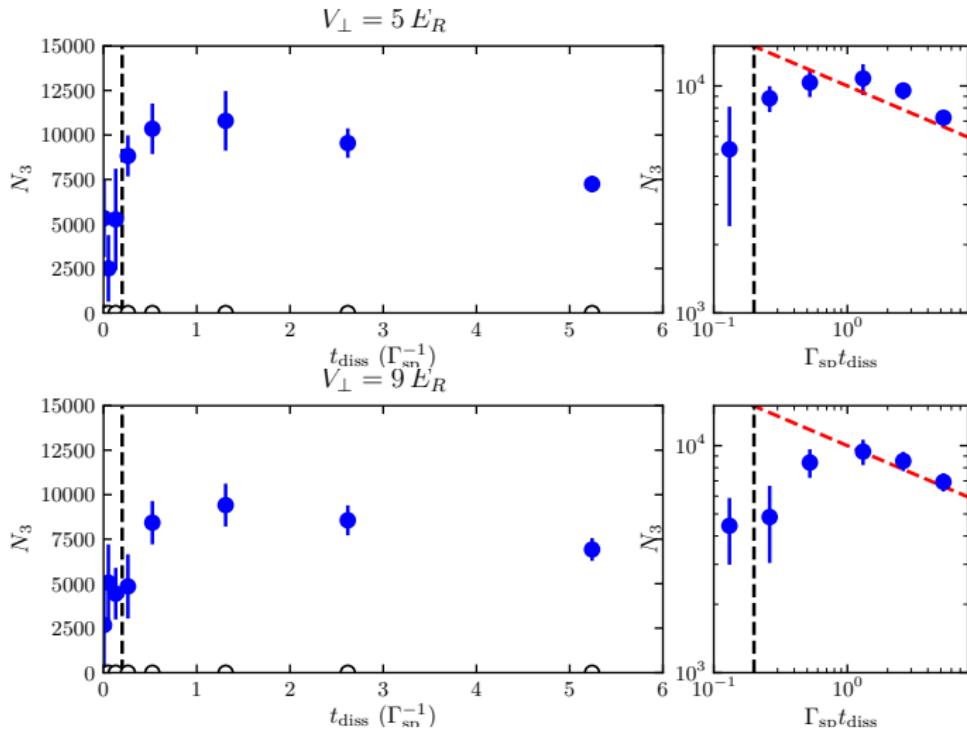
Loss dynamics after freezing

- Same experiment as before : illumination with near-resonant laser for t_{diss}
- then raise the horizontal lattice to “freeze” the density distribution
- wait for t_{hold} : three-body losses empty sites with $n \geq 3$
- monitor losses to extract $p(n \geq 3)$



Solid lines : fit with known loss time constants to extract $N_3 = 3p(3)$, etc ...

Evolution of triply-occupied sites



Excited band populations

From fits to momentum profiles :

